

# Nass Foods Newsletter

**Coronavirus:** **No-Panic**

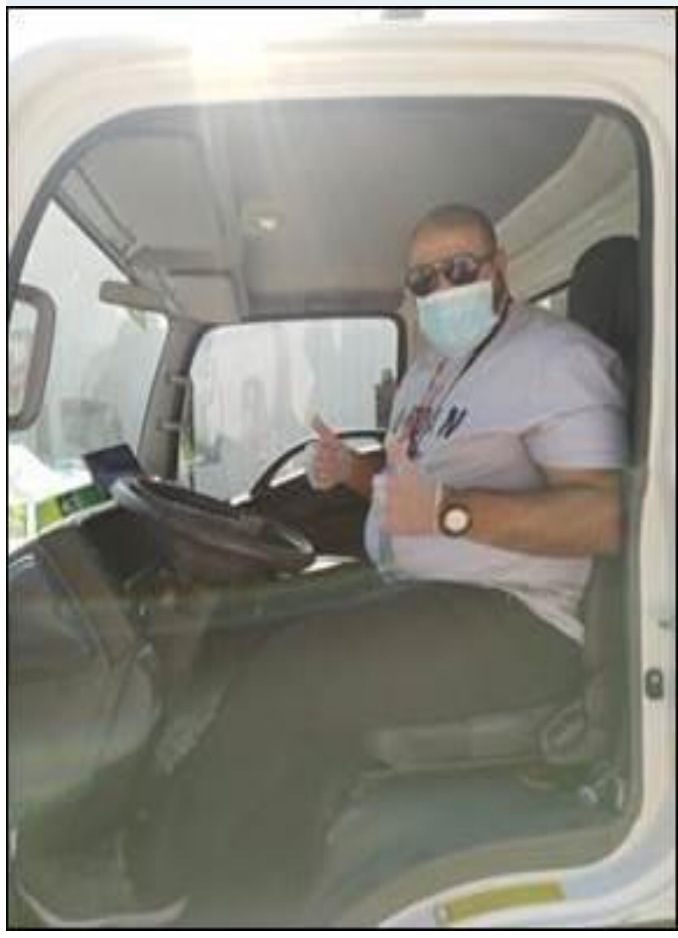


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## Corona Virus

The training included basic awareness about the Corona Virus situation and preventative measures to be taken in order to reduce the risk of infection. Additionally all Food handlers, which include warehouse staff, delivery drivers and delivery labourers were provided with protective face masks and gloves and were instructed to wear protective face masks and gloves provided by the company when delivering items to major customers





## Inside Story Headline

○ An awareness and safety presentation was prepared by the ISO Food Safety team with guidance from TUV-Nord, and training was given to all employees of Nass Foods including office staff, warehouse staff, delivery drivers and delivery labourers.

○ The training included a description of COVID-19, how it spreads and symptoms of the virus along with Bahrain Ministry of Health guidelines issued to the public and measures to take to prevent the spread of the virus.

The recent Corona Virus outbreak in Bahrain with the rapid spread of the virus Nass Foods has put into effect the following Standard Operating Procedure to ensure a safe work environment for all our staff.

- ✓ All Nass Food warehouse premises will have restricted access until further notice. No outside visitors or unauthorized personnel will be allowed into food storage areas at this point in time.
- ✓ All personnel will submit to having their temperature taken on arrival to work and once again during the day.
- ✓ Temperature taking will be carried out by supervisors and all temperatures will be recorded on the Personnel Temperature form daily. All records are handed over to HR at the end of every day.
- ✓ Employees who appear to have acute respiratory illness symptoms (i.e. cough, shortness of breath) and/or with temperatures over 38° C upon arrival to work or become sick during the day will be separated from other employees and will be sent home immediately with instructions to quarantine themselves at home and dial 444, the emergency call number issued by the Ministry of Health.

DAILY PERSONNEL TEMPERATURE RECORD					
LOCATION: Nass Foods		DATE: 5/3/2020			
NO.	BADGE	NAME	DESIGNATION	FIRST CHECK	SECOND CHECK
<small>Note: If temperature is over 38 °C, employees to be quarantined &amp; sent home &amp; instructed to follow MOH guidelines if symptoms persist</small>					
1	36287	DEEPAK KUMAR	WORKER(MEAT CUTTING)	35.5	35.9
2	34956	ASLAM ALI CHHIPA	LABOURER(STOREKEEPER)	35.00	36.00
3	36253	KHURRAM SHAHZAD	LABOURER(STOREKEEPER)	34.60	35.00
4	36022	PRAVEN KUPPU	LABOURER(STOREKEEPER)	34.80	35.00
5	36287	HARISH TOPAPPU	LABOURER	Leave	Leave
6	36311	CHHANA RAJESHAM MERDOGU	LABOURER	34.60	32.00
7	36271	BHOJANNA GANTA	LABOURER	Leave	Leave
8	36276	ALI CHHIPA	LABOURER	34.00	35.20
9	36321	MOHAMMED ASHIK	LABOURER	34.80	35.70
10	36336	SAGAR MASHI	LABOURER	32.30	35.20
11	36090	DENESH KALAL	LABOURER(STOREKEEPER)	34.1	35.2
12	36285	RETHEESH KUMAR MOHANAN	LABOURER	33.6	32.9

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VERIFIED BY: [Signature]  
NF-MSP-05-FORM-01

- ✓ Employees who have symptoms of acute respiratory illness are recommended to stay home and not come to work until they are free of fever (38° C or greater) signs of a fever, and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants). Employees should notify their supervisor and stay home if they are sick.



- ✓ Hand sanitizers (with over 60% alcohol) have been provided to all staff of Nass Foods and displayed at all workstations as well as supplied to all delivery staff to be kept in vehicles
- ✓ Anti-bacterial hand soap have been provided in all toilets and next to all hand washing facilities along with hand washing instructions .
- ✓ Disposable anti-bacterial wipes will also be provided at all work stations so that commonly used surfaces (for example, doorknobs, keyboards, remote controls, desks) can be wiped down by employees before each use.
- ✓ The company has provided Personal Protective Equipment which includes disposable masks to all staff and gloves to all food handlers.
- ✓ Food Handlers are always instructed to wear masks and plastic gloves when on the job. This especially applies to personnel meeting with customers and those making deliveries.



## Inside Story Headline

# A Corona Virus Awareness and Safety Training was carried out for all Food Handlers on 26th February 2020.

All food handlers have been provided with protective face mask and plastic gloves to be used while on delivery.

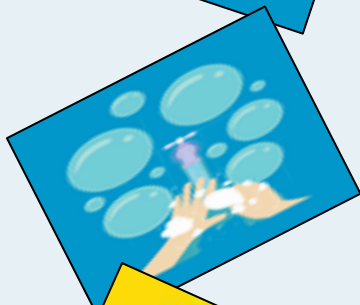
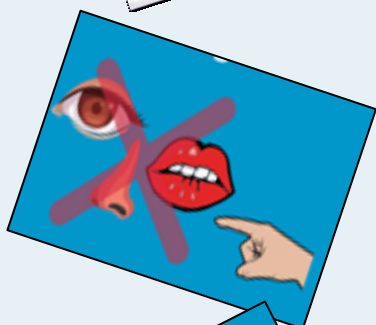


The training included basic awareness about the Corona Virus situation and preventative measures to be taken in order to reduce the risk of infection. Additionally all Food handlers, which include warehouse staff, delivery drivers and delivery labourers were provided with protective face masks and gloves and were instructed to wear protective face masks and gloves provided by the company when delivering items to major customers which include the Palace, BAS, four star hotels and other major customers.

The importance of personnel hygiene specifically when handling food items was also stressed.

We are also planning to outfit all delivery vehicles with hand sanitizers.

A review was done to ensure that the staff understood the training material.





# Common Questions

### Can eating garlic prevent infection with the coronavirus?



- There is **no science-based evidence** that proves its ability to protect against the coronavirus.

### Will warm weather stop the outbreak of COVID-19?



- As per the experts in the field, heat and warm weather is likely to decrease the spread of COVID-19.

### How long does the coronavirus survive over the surfaces or objects?



- Survives up to **8-10 hours** over porous surfaces (like paper, untreated wood, cardboard, sponge and fabric) and a little more than this over nonporous surfaces (like glass, plastics, metals, varnished wood).

### What type of mask should one wear to protect against the coronavirus?



- The **3-layer disposable surgical masks** are good enough to contain the virus.
- N-95 or N-99 masks are not mandated.

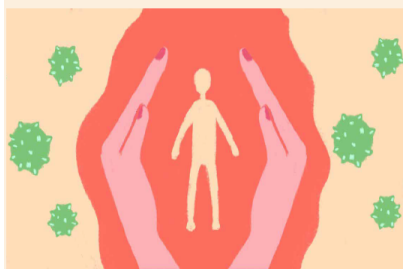
## All it takes to defeat Coronavirus



Channel your worries into these **3 actionable goals:**

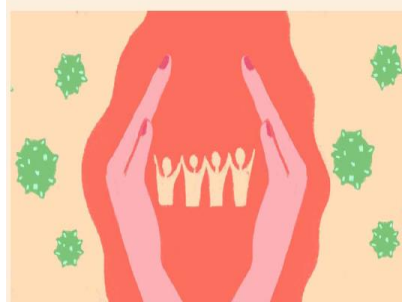
- 1. Protect yourselves.**
- 2. Protect your loved ones.**
- 3. Protect your community.**

### Protect yourselves:



- Wash your hand regularly with plenty of soap and water.
- Keep an alcohol-based sanitizer ready for times when soap and water are not available.
- Don't touch your eyes, mouth or nose with unclean hands.
- Keep your distance of at least 1 meter from anyone coughing or sneezing.
- Follow no-touch greeting for no germs contracted. Prefer **"namaste"** or **hand waving** over **handshake**.

### Protect your community:



- If you feel unwell, seek medical attention.
- If you have a fever, cough, or difficulty breathing, stay indoors. Call healthcare professionals and follow their advice.
- Do not share "just any forwarded message". Only share authentic information coming through medical experts.

### Protect your loved ones:



- Don't sneeze or cough into your hands. Use a tissue and throw it away immediately, or sneeze in the inner side of your elbow.
- Don't travel or visit crowded places if you're sick.
- Do wear a mask if you're sick and also if you are taking care of someone with the symptoms.